

This release is a legal contract binding upon you and Gridiron Combatives. Read it carefully and obtain legal assistance if you do not understand it.

1. Voluntary Membership

- a. I the undersigned acknowledge and state that I have voluntarily applied to join, to become a member of and to participate in the activities of Gridiron Combatives including but not limited to all martial arts styles, techniques, drills and activities.

2. Assumption of risk

- a. I am aware and understand that in general martial arts are a dangerous and hazardous activity and in particular the instruction techniques and methods of the arts of Gridiron Combatives all in which as a member of the Gridiron Combatives, I shall be instructed and participating involved extremely dangerous and hazardous activities. I am voluntarily and of my own free will submitting an application for membership and becoming a member and learning and participating in the arts with full knowledge and understanding of the serious danger and hazards involved. I hereby consent and agree to completely accept alone and all risks of injury and death and I verify and confirm this statement by placing my initials here; INITIAL HERE _____

3. Release

- a. In consideration for (a) being accepted as a member of the Gridiron Combatives (b) being instructed of and about the martial arts (c) being entitled to participate in any and all activities conducted and sponsored in whole or in part by Gridiron Combatives and (d) being permitted to use any and all of the Gridiron Combatives facilities and equipment, whether owned or leased by Gridiron Combatives in connection with the Gridiron Combatives arts its activities or otherwise. I hereby agree that I, my heirs, distributes, guardians, successors in interest and legal representatives (collectively the 'releasor') will not make a claim or file an action or suit against , sue, or attach the property of Gridiron Combatives and/or its affiliated organizations, and/or the directors, officers , shareholders, agents or members of the Gridiron Combatives or any of its affiliated organizations and (b) any of all manufacturers, distributors, wholesalers, suppliers, and/or retailers of the facilities and equipment I will use in connection with any and all activities conducted and/or sponsored in whole or in part by the Gridiron Combatives group (collectively referred to as the suppliers) for damages injury, emotional distress claims, bodily injury claims and /or punitive damages, whether known or unknown, foreseen or not, due to or resulting from the acts, conduct, negligence, or misfeasance of, or omissions or failures to act by the releases or any of them.

- b. Releasor, covenants and warrants that he or she is familiar with the provisions of California Civil Code Section 1542, which provides: "A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor
- c. Releasor fully and forever waives and foregoes any and all rights and benefits under CA Civil code section 1542. This release shall be binding upon releasor, his executors, privies, administrator and successors in interest.

4. Application of California Law.

- a. In further consideration of (a) being accepted as a member of Gridiron Combatives (b) being instructed of and about the Gridiron Combatives arts (c) being entitled to participate in any and all of the activities conducted or sponsored in whole or in part by Gridiron Combatives and (d) being permitted to use any of the Gridiron Combatives facilities and equipment, whether owned or leased by Gridiron Combatives, in connection with Gridiron Combatives arts, its activities or otherwise, I hereby agree that this release from liability shall be interpreted under and construed in accordance with CA law only without the benefit of and fully disregarding all CA conflicts of laws provisions, so that any and all disputes, contentions, disagreements or controversies arising from or related to this (a) release from liability (b) the application for membership in the Gridiron Combatives (c) my membership in the Gridiron Combatives (d) my instruction of and about the Gridiron Combatives arts or (e) my participation in any and all activities conducted or sponsored in whole or in part by the Gridiron Combatives or Gridiron Combatives group. Shall be interpreted under and in accordance with only CA law regardless of my domicile, or residency; and that the court in which an action or suit may be under and in accordance with only CA law regardless of my domicile or residency and that the only court in which an action or suit may be brought in connections with the forgoing shall be the court of original jurisdiction of the state of CA situated in the County of Los Angeles. Further I waiver any right I may have (i) to a jury trial in said court or original jurisdiction and (ii) to assert the doctrine of forum non conveniens or similar doctrine or to object to venue with respect to any proceeding brought in accordance with this release, and I stipulate that the California courts shall have in personam jurisdiction and venue over me for the purpose if litigating any dispute, controversy or proceeding arising out of or related to this release or the Gridiron Combatives group.

5. Health Advisory and Condition

- a. I hereby acknowledge and understand that the performance, practice and utilization or the Gridiron Combatives arts involved extremely strenuous physical activity and that I have been advised to consult a physician before commencing and undertaking such activity. I hereby represent that, to the best of my knowledge, I am in good physical health and condition, sufficient to undertake the activities and practices constituting the Gridiron Combatives arts as they have been described or demonstrated to me by the Gridiron Combatives.

6. No photography audio or video

- a. I understand that during the event (classes, the arts) no photographs may be taken, and audio and video recording is strictly prohibited, without the prior express written consent of the event sponsors, In addition, should I obtain prior written permission to take photographs. I agree that such photographs shall only be used by me and by no one else, for my own personal use and not for commercial gain of for any other purpose. All photographs video and or audio tapes of events, classes (the arts etc...) are the sole property of the Gridiron Combatives.

7. Knowing and voluntary execution

- a. I hereby declare that I have carefully read this release from liability and that I fully understand the meaning and importance of its contents. I acknowledge that this release is a binding contract among the complete sponsors, the suppliers and me, and that under this contract I am releasing the complete sponsors and the suppliers from all liability claims I may have against them. I further declare and represent that I am at least 18 years of age, that I have full legal capacity to be bound by this contract and that I am signing this contract of my own free will and accord

PARTICIPANT SIGNATURE

PARTICIPANT PRINTED NAME

PARENT/GUARDIAN SIGNATURE

PARENT/GUARDIAN PRINTED NAME

Phone #: _____ Email: _____

Gender: Male _____ Female _____

Executed at _____

On this day _____